Orange Blossom Gardens

# PROPERTY OWNERS ASSOCIATION, INC.

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# NEWS



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SPECIAL COMMITTEES CHAIRMAN: Fred Diana
Note: Please contact any of the above for any assistance
or information regarding our Association.

John Baker

# OFFICERS MEET WITH MR. SHAY:

Treasurer:

Al Slinkman and Harold Dodd, (by request of the Vice President) met with Mr. Shay on July 17, at 2 P.M. in his office.

The following questions were asked:

- Has the caulking been done around the air conditioning units on the roof of the clubhouse to stop the leaks?
   Ans. -- Not yet. There has been so much rain that the project has been held up. Water remains on the roof.
- 2. Do you plan to clean or paint the ceiling of the club-house? Ans. -- No plans to do it.
- What will be the function of the new gate house at the main entrance?
  Ans. -- The security guard will return there after his
- rounds.
  4. When do you plan to have the rest of the lake cleaned and more mowing done?
  - Ans. -- As soon as possible. We are going to hire an extra maintenance man, bringing the total to five men.

\*

Did you notice last month's limerick was not complete: Here it is in its entirety.

SPEAKING OF THE GAS SHORTAGE---

You can't get to Heaven in a Limousine Because the good Lord doesn't sell gasoline.



A salute to <u>all</u> the folks in OBG. Our unsung neighbors who remember to call us when they are making a trip to town, just in case we might need something. Or, the neighbor who runs in with a good meal when some accident or illness has made us indisposed. Or maybe it is just a cheery phone call, or a pleasant greeting when we meet on the street. How about that neighbor who has a "green thumb" and comes to our door with some of his produce?

These are the things that make each one of us important in the lives of others, and bring meaning and joy to our own day.

# OUR TREASURER HAS RETURNED!

Like all of us hard-working retired people, John and Mitzi needed some time off. In fact, he and Mitzi went back north to see Mitzi's 93 year old Mother and looked after her for awhile.

John is back now, despite waiting in some long gas lines. He issues a kindly reminder that dues should be paid during the summer months as well as during the winter months.

There is a three-month limitation period for paying of dues. It would be regrettable if you have neglected to keep your dues up-to-date and thereby place yourself in a position to be dropped from the Association. You wouldn't want that to happen and neither would we, so why don't you check with John and see if you are up-to-date. He is as near as your phone - call 753-2047. Do it today.

### CONFUSCIUS SAY ....

The ladder of success contain splinters but not realized until sliding down.



For a change I thought you might like to read about a visit Marge and I made to the remarkable State Capitol

building in Tallahassee.

As we approached Florida's towering new Capitol from the west, we wandered through the trees and flowers in Waller Park gazing skyward at the 25,000 cubic yards of concrete, 6,500 tons of steel, and over an acre of marble that form the home of Florida's State Government.

Construction of the Capitol began in 1972, completed in 1977 at a cost of almost fifty million dollars. One of the most unique features of the new Capitol is its heating system. It doesn't have one. This energy-efficient system results in substantial savings of both energy and money.

Entering the plaza level of the building, we were greeted by two murals depicting familiar images of

Florida's natural and industrial resources.

In the rotunda, the Great Seal of the State is displayed on the berth of Travatine Serpentine marble, flanked by bronze replicas of the seals from the flage of the five nations that have ruled Florida. The oval-shaped openings of Italian marble above provide a view of the seal from the second and third floors.

Walking down one of the free-standing circular stairways we came to the lower level where employees and

visitors lunch in the dining room.

Taking one of the twelve elevators in the center of the building we went to the 4th floor, where the Senate and the House of Representatives meet in session during the spring of each year. One floor above are the public galleries where you can watch either the Senate or the House when they are in session.

On the way up to the 22nd floor, where the observation area provides a spectacular view of Tallahassee and the surrounding area, the elevator took us past offices of nearly every department of State Government.

We were greatly impressed by the grandeur of the building that symbolizes the growth and development of our state and also provides a dignified and functional headquarters for our lawmakers.

Hope you have the opportunity sometime to visit your State Capitol. It will be well worth your time and

effort.

Harold Dodd, Editor

High blood pressure, or hypertension as it is known by the medical profession, has become recognized as a major health problem today. People with a family history of high blood pressure, or whose blood pressure is slightly elevated on a number of occasions, may be helped by:

1) having a periodic health examination;

2) preventing or controlling overweight by proper dieting while maintaining good nutrition;

) limiting the amount of salt intake;

4) learning to deal more effectively with stress situations; and

5) improving general health habits by getting adequate rest along with physical exercise in moderation.

High blood pressure may be present for as long as 10-15 years without any symptons being noted. It is usually first discovered during a routine physical examination. Symptons may vary, and those most commonly observed include headache, dizziness, fatigue, insomnia, and shortness of breath.

Many forms of treatment are available which control blood pressure quite well. Seeing your doctor at least once a year for an annual checkup is the best way to stay healthy!

Rosemary B. Kurtz, R.N., Ed.D

REMEMBER -- KEEPING WELL IS MUCH BETTER THAN GETTING WELL.

FOR THOSE OF YOU WHO HAVE A BIRTHDAY (that just about takes in all of us).

Seeing as how we don't list everybody's birthday each month, we would like to include this bit of philosophy to let you know our thoughts are with you.

Don't count your Birthdays by the years, When there's a better way. Just count each added joy that cheers, And have a HAPPY DAY.

MAKE THE MOST OF YOUR GOD-GIVEN POSSIBILITIES.

# CLEANING HINT

For those of you who having difficulty cleaning your vinyl windows this suggestion might help you; we pass it along for your consideration. Try using rubbing alcohol of full strength detergent on a rag and wipe your vinyl windows, it should do the job.

Quite a few residents in OBG have been receiving notices notifying them of the Consumer Price Index increase on their contracts.

Some of the increases were based on the total amount of the monthly bill instead of just the Maintenance portion (minus the water and sewer charges).

Upon contacting Mr. Martin Campbell, Assistant State Attorney about the matter, he replied - a portion of his letter of June 5 is printed below for your information:

"It is of course the State Attorney's position that only the Florida Public Service Commission may authorize any increase in the amount assessed for water and sewage treatment. On this basis alone it would seem to me that Orange Blossom Gardens should have assessed the cost of living increases only against that portion of the maintenance fees which do not include water and sewage services. I would additionally draw your attention to the court order in prior suit which specifically finds in a declaratory judgment that the contracted maintenance fees were to be reduced by the amount of the sewer service and water charge. This being so, clearly the reduced amount became at that point the base amount on which the contractural cost of living increases could be assessed."

# PLEASE HELP

If you know of any one in the hospital, would you please notify Elsie Rohatynski, 753-2919 and she will send flowers; also call Ruth Vlaun, 753-3083, and she will send a card.

# THOUGHT FOR THE MONTH

Age is a question of mind over matter; if you don't mind, it doesn't matter.

WE'D LIKE TO KNOW ....

how we can improve the News Bulletin - please let us know your ideas.

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#### WELCOME NEW MEMBERS

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### CORRECTION

In last month's issue we inadvertently listed a name incorrectly among the new members - instead of Robert Manning, it should have been <u>Douglas</u> Manning, 90 Teakwood Lane. Sorry about that Doug.

We are a growing organization -- GROW WITH US.

If you would like to join our Association, or know some one who would kike to become a member, just call Dave Grant, 753-2845, for Unit 3 and Bill Souza, 753-2266 for Units 1 and 2.

### IN RESPONSE TO -- HELP US CORRECT ERRORS

The following folks contacted the News Bulletin in regard to errors. Listed below are correct names, addresses and telephone numbers:

Harry & Jo Condron-3 Paradise Dr. 753-4580
Dick & Dixie Dickson-63 Nell Way 753-4323
Joe & Helen Gorroll-18 Vermont Av. 753-2219
Art & Rosemary Kurtz-12 Vermont Av. 753-2998
Walter & Mary Land-76 Weeping Willow 753-4171
Bill & Prudence Tedder-26 Silver Oak 753-4408
Jack & Jill Carlson-56 Paradise Dr. 753-4731
We will continue to print corrections as long as people notify us of any error in the OBG Telephone Directory.
Just call Harold Dodd, 753-3296.

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